



## Selenium Plus-ACE Cell Protection Capsules

Food supplement

### Good to know:

Natural selenium from selenium yeast plus vitamin C, E, beta-carotene (provitamin A) and magnesium. The trace element selenium and the antioxidants vitamins C and E have been proven to protect cells from oxidative stress.

Selenium can help to support the growth and maintenance of healthy hair and nails. It also plays a role in thyroid function and in supporting the immune system.

**Ingredients:** Magnesium carbonate, gelatine, vitamin C, selenium yeast (0.013% selenium), vitamin E succinate, separating agent magnesium stearate, filler olive oil, natural beta-carotene from the algae unaliella salina.



	per capsule	per daily dose (= 2 capsules)	% of the daily intake according to NRV**	per 100 g capsules
Selenium	60 µg	120,00 µg	218	12,8 mg
Vitamin C	100 mg	200 mg	250	21,3 g
Vitamin E (alpha-TE)	16,7 mg (25 I.E.)	33,4 mg	278	3,6 g
Beta-carotene	5 mg	10 mg	**	1,1 g
Magnesium	40 mg	80 mg	21	8,5 g

\* NRV = Nutrient reference value for the daily intake according to VO (EU) No. 1169/2011

\*\* No reference value has yet been established

**Recommended dosage:** Take 1-2 capsules daily. Swallow the capsules whole with sufficient liquid.

Keep out of direct sunlight. Store dry and not above 25°C. Nutritional supplements should not be used as a substitute for a varied, healthy diet and do not replace a healthy lifestyle. Keep out of the reach of young children. The recommended daily dose should not be exceeded.

**Contents: 120 capsules = 54 g**

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